

## **2021 PAMS BASEBALL**

Coaching Staff: 8<sup>th</sup> grade – Coach Sturgeon  
7<sup>th</sup> grade – Coach Clarke

For any 7<sup>th</sup> or 8<sup>th</sup> grader interested in playing baseball this spring, make sure you do the following things to be prepared for the 1<sup>st</sup> day (Monday April 5<sup>th</sup>) after school:

1. You must have turned in a complete physical packet to **either the coaches or to trainer for the school district. Please do not hand it in to the office.**  
[PIAA CIPPE Form.pdf](#)
2. When you show up to the first practice / tryout, you will need to have the following with you:
  - A) Baseball Pants / Sweat Pants
  - B) Baseball Shoes and Sneakers (if we need to be on turf)
  - C) Baseball Cap
  - D) Sweatshirt / Hoodie
  - E) Athletic cup
  - F) Helmet
  - G) Glove
  - H) Bat

You will need to use your own equipment and make sure you clean everything on a regular basis.

**Please e-mail one of the following coaches depending on what grade you are in. 7<sup>th</sup> graders should e-mail Coach Clarke ([clarked@pasd.com](mailto:clarked@pasd.com)) and all 8<sup>th</sup> graders should e-mail Coach Sturgeon ([sturgeonj@pasd.com](mailto:sturgeonj@pasd.com)). We can send more specific information to you as we get closer to the season.**